

Thompson Boat Center Coach & Coxswain Test

Name: _____

Coach/Coxswain (Circle One)

Coaches answer all questions; Coxswains please begin with question #18.

1. To start a TBC outboard engine the gear shifter has to be in:
 - a. Forward position
 - b. Reverse position
 - c. Neutral Position
 - d. Any Position

2. When mixing oil-to-gasoline for TBC outboards, the correct ratio is:
 - a. 105:1
 - b. 50:1
 - c. Only TBC rowing management can mix oil-gas
 - d. 40:1

3. On the image below, the arrow is pointing to:
 - a. Idle lever
 - b. Start key
 - c. Light Switch
 - d. Pump switch



4. Number the following (1 to 4) by highest priority having the right of way on the Potomac.
 - a. Commercial vessels
 - b. Sailboats
 - c. Rowing launches following a crew
 - d. A canoe

5. To raise a TBC outboard engine the gear shifter has to be in:
 - a. Forward position
 - b. Reverse position
 - c. Neutral Position
 - d. Any Position

6. PFD stands for::
- a. Paddle Floatation Device.
 - b. Power Function Device.
 - c. Personal Fastening Device.
 - d. Personal Floatation Device.
7. Before starting a TBC outboard, the _____ must be primed.
- a. Fuel
 - b. Idle
 - c. Choke
 - d. Key
8. One PFD bag must have _____ life vests per 8-person crew.
- a. 4
 - b. 12
 - c. 8
 - d. 6
9. The items that should be placed in a TBC launch before practice are:
- a. A gas tank, paddle, PFDs, and a cellphone.
 - b. A gas tank, paddle, and PFDs.
 - c. A battery, paddle, PFDs, and a water bottle.
 - d. A gas tank, paddle, PFDs, and megaphone.
10. On the image below, the engine is being:
- a. Lowered
 - b. Started
 - c. Raised
 - d. Adjusted



11. After last practice, who is responsible for breakdown of TBC launches (Gas cans, PFDs etc...)?
- a. TBC Coaches
 - b. TBC Dockhands
 - c. TBC Coxswains
 - d. TBC Rowers

12. Where is a launch's capacity indicated?
- In the stern, near the engine
 - In the bow
 - By the steering wheel
 - By the lights
13. When are you required to have launch lights on?
- Sunrise to sunset
 - Dusk till dawn
 - When it's dark out
 - Launches are not required to have lights
14. What should you do if you see a capsized shell?
- Nothing
 - Report it when you get back to the dock
 - Stop and give assistance
 - Call the police
15. Other than required safety items, what is the most important thing to check prior to leaving the dock?
- Your sunglasses
 - Your gas level
 - Your coffee
 - What time it is
16. Your launch is required to have your registration, PFDs and lights when it's dark out?
T / F
17. Your launch is rated for 4 people or 450 lbs. It contains you and 2 spare rowers. Are you prepared to give assistance if your eight swamps?
Y / N
18. Standing at TBC, with your back to the boathouse, facing the river, which direction is upstream?
- left
 - right
 - Straight ahead
 - depends
19. In what direction do you launch and land from any boathouse on the Potomac River?
- downstream
 - upstream
 - doesn't matter
 - depends

20. In all situations with oncoming boat traffic, which direction should your boat steer?
- right
 - left
 - toward the middle of the river
 - maintain course
21. Going upstream when you pass Key Bridge, what should your point be?
- 14th Street Bridge
 - Chain Bridge
 - Roosevelt Island
 - The left most part of Three Sister Islands
22. For all bridges, which arch determines the separation between upstream and downstream traffic?
- Main "channel" arch
 - The arch closet to DC
 - The arch closets to Virginia
 - None
23. When heading upriver, to which side of the Hens and Chickens and Three Sister Islands do you steer?
- DC side
 - Virginia side
 - Either side
 - Maryland side
24. Where does the no-wake zone begin?
- 14th Street Bridge
 - Roosevelt Bridge
 - Memorial Bridge
 - Key Bridge
25. What is the most commonly hit rock on the Potomac River?
- Plymouth Rock
 - Hens and Chickens
 - Memorial Bridge Rock
 - Three Sisters' Rock
26. What is submerged in the river off Roosevelt Island, upstream of Roosevelt Bridge?
- Nothing
 - A tree
 - A barge
 - An old eight-person shell

27. If an athlete comes down with a condition, such as hypothermia or heat sickness, what is the most important thing to do?
- Get him/her home
 - Call for medical help
 - Call their parents
 - Nothing he/she will get over it
28. For a coxswain, where is the blind spot in an eight-person shell?
- Behind the coxswain
 - To the left
 - To the right
 - Directly in front of the shell
29. Generally, what side of the river should you stay on?
- Left
 - Right
 - Wherever you feel like
 - Dead center
30. As a coxswain, what should you always be on the dock?
- Quick
 - Aggressive
 - Dressed warmly
 - In a boat
31. If you are rowing and a head-on collision is possible, what should you do?
- Go faster
 - Weigh enough and hold water
 - Yell
 - Wait for your coach to give instruction
32. The three most congested areas on the Potomac River are Three Sisters, Fletcher's Cove and between Memorial and 14th Street Bridges.
T / F
33. If your boat swamps, it is your job as a coxswain to take a head count, keep everyone calm and keep everyone with the boat.
T / F
34. When it has been raining a lot, the worst currents are found near or above Hens and Chickens, at Three Sisters and bridge arches.
T / F
35. All members of the crew and everyone in your launch must be wearing a life jacket above the downstream end of Fletcher's Cove.
T / F

36. When you stop your crew to talk or do stationary drills, you should:

- a. Raise a warning flag
- b. Move as far to right side of the river as safely possible
- c. Move to the center of the river
- d. Yell for other crews to go around you

37. Commercial Potomac ferry boats have right of way above smaller boats.

T / F

38. Which type of boat is least desirable as a safety launch?

- a. Carolina Skiff
- b. V-hull aluminum
- c. Jon Boat
- d. Grumman Aluminum